

# Going Solo Together

Friday 30th November – Saturday 1st December 2018  
7.30-10.30pm at Teater Martin Mutter



Dancer: Ellinor Ljungkvist  
Photo: Agnes Thor.

# Going Solo Together

Fredag 30 november – Lördag 1 december 2018

Kl. 19.30-22.30 på Teater Martin Mutter

Välkommen till en unik och inkluderande dansfestival med solo-framträdanden, film, workshops och samtal från (inter)nationella och lokala artister här på Teater Martin Mutter i Örebro. Under tre dagar kommer vi att skapa plats för uttryck, eftertanke och gemenskap med människan och rörelse i fokus. Sedan 2014 har jag haft äran att arrangera den här festivalen, främst i Örebro men även i Dingle, Irland. Fokus har alltid varit densamma - att ge plats och näring till gemenskap och skapande. Vare sig i utkanten av Europa eller mitt i Sverige ;) vare sig vi arbetar med dans eller helt enkelt tycker om dans och att dansa så får vi lov att hylla solodansen. I sin skrift "Everyone is Going Solo Together" uttrycker Jeffrey Gormly sin vision när det gäller just solodanskonsten, vilket inspirerade till festivalens namn Going Solo Together. Det här året har jag äran att presentera en långväga gäst. Rosalind Crisp är en utav Australiens främsta danskonstnärer och har i mer än 30 år utvecklat en originell metod att arbeta med koreografisk improvisation. Rosalind kommer att framföra sin dansföreläsning Unwrapping d a n s e, lördagen den 1 december. På söndagen ger hon en heldags workshop där hon kommer att introducera hennes sätt att arbeta koreografiskt. Choreographic improvisation arrangeras av Mötesplats Mutter med stöd från Region Örebro län/Dans i Örebro län och Riksteatern Örebro län. Det gläder mig även att kunna välkomna nya och gamla danskonstnärer med en aningen geografisk närmare anknytning. Under dessa dagar kommer vi få se nya verk av Kazue Ikeda, Ellinor Ljungkvist, Rebecka Stillman & Cornelia Savva för att nämna några. Vi kommer även få chans att se Ylva Henriksons nya film baserad på en ljudberättelse nere i en vattenreservoar samt höra Ylva berätta om hennes process. Kävestas Folkhögskola har en fenomenal danslinje och vi har glädjen att välkomna elever därifrån som kommer uppträda på fredagen. Sist men inte minst vill jag ropa högt för Mohlavyr som uppträder på lördagen med hennes sång, fotoprojekt och aktion "Kära kropp" med danstolkning av Toby Gunn. Nytt för i år är att det kommer finnas tid för samtal mot kvällens slut samt en och annan överraskning som förtäljs allt eftersom festivalen har sin gång. Kom och var med, låt oss Go Solo Together!

Konstnärlig ledare och producent,  
Maria Svensson

*Going Solo Together arrangeras av Teater Martin Mutter,  
Dans i Örebro län, Örebro kommun och Rooted Being.*

## Biljetter:

Biljetter till Going Solo Together bokas via Nortic: [www.nortic.se](http://www.nortic.se)

Lördag 1 december kl. 18.00-19.00 spelas föreställningen Drone på Hjalmar Bergmanteatern. Har du köpt biljett till Going Solo Together får du 30% rabatt på biljettpriset till Drone! Använd rabattkod på biljetten till Going Solo Together för att aktivera erbjudandet.

Det avgår även en gratis dansbuss från Hjalmar Bergmanteatern till Teater Martin Mutter direkt efter Drone.

## Adress:

Teater Martin Mutter  
Beväringsgatan 6, 703 65 Örebro, Sweden

# Going Solo Together

Friday 30th November – Saturday 1st December 2018  
7.30-10.30pm at Teater Martin Mutter

Welcome to a unique and inclusive dance festival with solo performances, film, workshops and discussions from (inter)national and local artists here at Teater Martin Mutter in Örebro. During three days we will give space for expression, reflection and community with the human being and movement as our focus. Since 2014 I have had the honour of organising this festival, firstly in Örebro but also in Dingle, Ireland. The main focus has always been the same - to give space to and nourish community and creativity. Whether we are at the edge of Europe or in the middle of Sweden ;) whether we are working in the dance field or simply enjoy dance and dancing, we must surely prize solo dancing. In his monograph "Everyone is Going Solo Together" writer Jeffrey Gormly expresses his vision when it comes to the art of solo dance, which serve as the inspiration for the name of this festival Going Solo Together.

This year I have the honour to present a faraway guest. Rosalind Crisp is one of Australia's foremost dance artists and has for over 30 years created a substantial body of original work and a method for choreographic improvisation.

Rosalind will perform her danced lecture Unwrapping d a n s e on Saturday the 1st of December.

On Sunday she will give a full day workshop where she will introduce her way of working choreographically. Choreographic improvisation is organised by Mötesplats Mutter with support from Region Örebro län/Dans i Örebro län and Riksteatern Örebro län.

I am delighted to also welcome new and old dance artists with a slightly geographically closer connection. During these days we will see new work by Kazue Ikeda, Ellinor Ljungkvist, Rebecka Stillman and Cornelia Savva to mention a few. We will also get a chance to see Ylva Henrikson's new film based on an audio story down a reservoir and hear Ylva talk about her process. Kävesta Folkhögskola has a brilliant foundation programme for dance and we are happy to welcome students from there who will perform on Friday. Last but not least I would like to shout out loud for Mohlavyr who will perform on Saturday with her song & photo-project "Kära kropp" (Beloved Body) with dance by Toby Gunn. New for this year is that there will be time for discussion towards the end of the evenings with one or two surprises that you will find out as the festival unfolds. So come along and join us, let us Go Solo Together!

Artistic Director and Producer,  
Maria Svensson

Going Solo Together is made possible thanks to Teater Martin Mutter,  
Dance in Örebro County, Örebro City Council and Rooted Being.

## Tickets:

You can book your tickets online: [www.nortic.se](http://www.nortic.se)

Saturday 1st of Dec 6-7pm the dance piece Drone is performed at Hjalmar Bergmanteatern. If you have purchased a ticket for Going Solo Together you will receive a 30% discount on your ticket to Drone! Use the voucher on the ticket to Going Solo Together to activate the offer.

There is also a free shuttle bus from Hjalmar Bergmanteatern to Teater Martin Mutter directly after Drone.

## Address:

Teater Martin Mutter  
Beväringsgatan 6, 70365 Örebro, Sweden

# Friday Nov 30th

## Right to be Alive

Choreography & dance: Cornelia Savva  
Musician: Kaspars Hedström  
Photography: Nicky Mezzina

The capacity to live and how.  
A question of prosperity and suffering.  
About the choice to dissociate from problems or the will to change.

A research into integration with individuals in different environments, in an exploration of impressions and triggered experiences.

Cornelia Savva is a freelance dancer based in Örebro. She has participated in modern collective in Italy and performed in pieces by amongst other Roberto Zappalá. Cornelia has also presented her own work at the choreographic centre Scenario Pubblico (Catania) and at Favara cultural farm in collaboration with the collective. Moreover she has shown her own solo work at the Bergmancenter in Fårö to a reinterpretation of The Magic Flute (Trollflöjten) 2014.

Choreographically Cornelia preferably works with emotions and individuality. She is curious about the connection between people, in meetings, nature and an inner source. She has for example choreographed a piece around the idea of insecurity and being different in a society based on structure.

Kaspars-LH is a musician and composer. Originally from Örebro he now resides in Malmö. He has worked and collaborated within the tension between dance, film and art since 2003. His compositions are often repetitive and suggests a state, a contemplative narrative about our inner world. The inspiration comes from the meeting between the acoustic and electronic. The Moldovan overthrow flute rooted in a deep sub base.

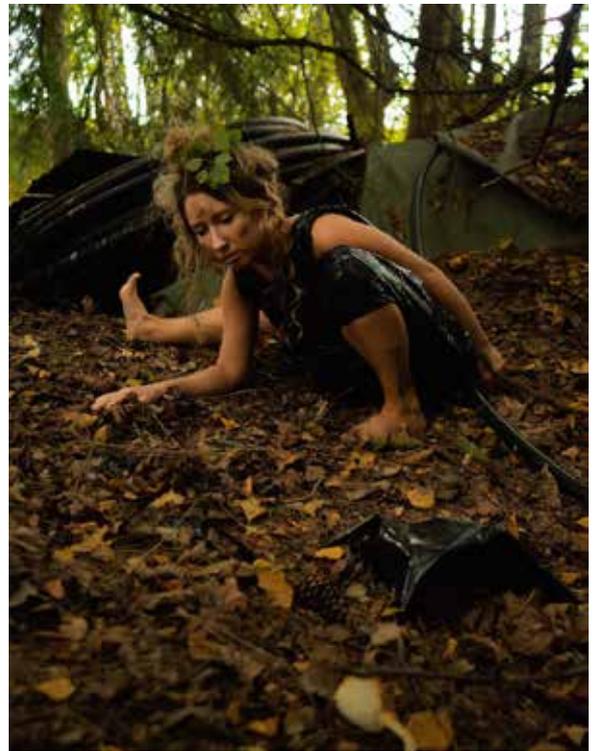


Photo: Anna Nilsson



## Sān 三

Choreography: Tilde Naglitsch and Lovisa Larsson in collaboration with teachers and students at the Foundation Programme at Kävesta Folkhögskola.  
Dance: Tilde Naglitsch  
Music: A selection from Swan Lake, Op. 20. Act 2 scene 5: The Dying Swan by Pyotr Ilyich Tchaikovski, Cello Suite No. 1 in G Major, BWV 1007: I. Prelúde by Johann Sebastian Bach & Black Messa by Biosphere

The starting point for this solo comes from the idea of limitations. What can I do with only my head? What happens if the shoulder follows? How much can I move without tilting my pelvis? Using Sān 三 (meaning three in Chinese) types of music, Tilde and Lovisa explore how this affects the overall experience of the solo.

Tilde Naglitsch and Lovisa Larsson met whilst studying at Stockholms Estetiska Gymnasium. They then applied to continue their studies at Kävesta folkhögskola where they were both accepted and are now producing their first solo for the stage together.

# N.N.

Choreography & dance: Kazue Ikeda

Musician: Mattias Risberg

Naming isolates one thing from another. Names define a border. It's practical to categorize in administration or industrial production. You have to be definite. And then all is clear and safe? What about the unnameable or the misfit? All is dialog... We examine the space in between, the undefined, the transition: things yet to come.

Kazue Ikeda (dancer/choreographer) and Mattias Risberg (musician/composer) create a space and atmosphere beyond the categories of dance and music. Movement becomes dance and sound becomes music. Kazue and Mattias improvise. Their creation is instantly composed in the moment.

Kazue Ikeda is a dancer / choreographer, performer and Craniosacral Biodynamics therapist. She runs the dance integration project Beyond Borders and is teaching at University for Music and Dance Cologne amongst other.

<https://kazueikeda.blogspot.com/>

Mattias is a musician / composer with piano / keyboard as main instrument. He is an educated composer and improviser from Royal college of music in Stockholm.

<http://mattiasrisberg.se>



Photo: Hans Finckh

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## Things don't come out. They fall apart.

Choreography & dance: Rebecka Stillman

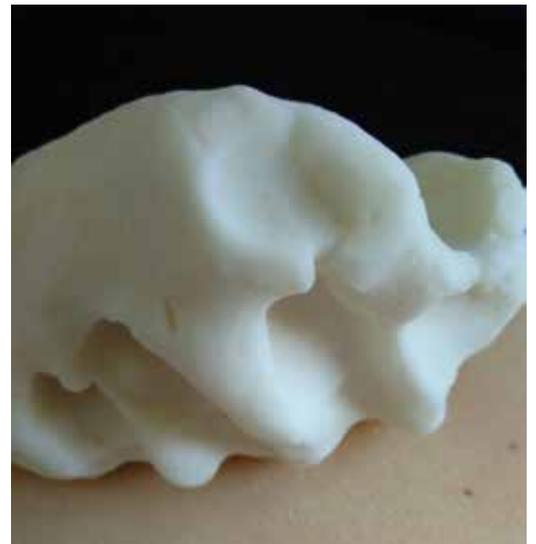
"As to the weather...it is too hot for any exertion, but a breeze lifts at night, and I can't tell you what scents it brings, the smell of a full summer sea and the bay tree in the garden and the smell of lemons. ...I thought of you - these are the things I want you to have."

*Katherine Mansfield*

The solo puts together acts of fusing, probability-singing and sharing intimacy. These acts all stem from previous choreographic collaborations with Seung-yoon Choi, Sara Gebran, Inga Huld Hákonardóttir, Katie Vickers and Ulrika Berg.

Texts by Chris Kraus, Kathi Weeks, Katherine Mansfield, CA. Conrad and Johanna Hedva will be cited in the solo. The title of the piece is borrowed from Chris Kraus' writing. The costume is made in collaboration with Birgitta Stillman.

Rebecka Stillman is currently studying psychology at Örebro University. She also teaches, performs, mentors in and creates choreography in Sweden and abroad. Coming up is the Copenhagen premiere of Sara Gebran's *Power & Powerlessness* made in collaboration with Rebecka Stillman and Rodrigo Sobarzo. This solo continues to build on aspects such as fusion, probability singing and shared intimacy from Rebecka's earlier collaborations with Seung-yoon Choi, Sara Gebran, Inga Huld Hákonardóttir, Katie Vickers and Ulrika Berg.



# Att minnas dans

Choreography & dance: Ellinor Ljungkvist

Ellinor Ljungkvist is a dancer and choreographer, she will perform a solo which is a collection of movements from her earlier work. She has chosen the movements she remembers the strongest and those she has repeated the most. For her, the solo is a collage of memories and reflection. It is personal and biographical.

Photo: Agnes Thor



# När en rödhake går på parkettgolv

Choreography: Emma Graufelds

Dance: Julia Christoffersson

Music: Michael Charles Smith

Emma and Julia study together at Kävesta Folkhögskola this year. They decided to work together by chance, and because of curiosity in what a collaboration between them would lead to.

The piece originates from the marimba, and the thought of its sound as both the dancer's partner and the language she speaks.



# Shum

Choreography & dance :Xixan Xoxa

If you are more of a kinaesthetic person the amount of unconscious movements made by people creates a movement noise that is unbearable. The only way for me to handle it, is to do more movements and more noise. So, I wake, I walk, I eat, I sleep, I talk and this is the way I add to the noise and I can manage it.

Shum in Albanian means "more".

Šum in Slovenian means "noise".

Sum in Slovenian means "suspicion"

Sum in English means "sum".

Shum is a performative play emerging from kinaesthetic noise people and objects consciously or unconsciously produce as they move through their life. And we are not talking just about movements of physical bodies, we are talking also of colours, shapes, in-between spaces, speech and much more, that are perceived as movement of materia/energy.

Xixan playfully submerges the audience into a realm of kinaesthetic noise and plays with it by listening for meaning, reason, sense, movement, image to emerge from this primordial soup of everything. Join Xixan Xoxa in the performative play Shum by waking, walking, eating, sleeping, talking, dancing etc to add some noise to Shum and manage it better.

Xixan Xoxa researches playfulness and kinaesthetic-physical intelligence in arts as performer, dancer, choreographer, clown, teacher, writer, moderator, editor and producer, in formats like a game, performance, happening, installation, radio show, publication, clown act etc. He is deeply involved in performative plays/games like <http://m.federacija.net>, <http://obed.federacija.net> <http://bstran.tumblr.com> <http://pz.upri.se> <http://upri.se> <http://> He is certified deviser of Plasma (<http://plazma.upri.se>). He speaks seven languages and likes to eat.

Liz Lerman's Critical Response (time dependent) If time allows we will use Liz Lerman's Critical Response Process which combines the power of questions with the focus and challenge of informed dialogue.



Photo: Umberto Lancia

# Saturday Dec 1st

## Mohlavyr - Kära kropp

Song, photo project & act Mohlavyr  
Dance by Toby Gunn.

No one is born with a complex, so what happened? This autumn Mohlavyr will release the new single "Kära kropp". A song about bodily complex and how a malicious comment can become a grief and sorrow for life. In connection with the song Mohlavyr has been running a photo project where anonymous participants have shared their complex and stories. As part of the solo dance festival Mohlavyr will share these photos and perform the song "Kära kropp" live together with her band and dancer Toby Gunn.

Mohlavyr is a cross-cultural artist who gladly combine her music with visual art and other conceptual projects. Since 2009 Mohlavyr has toured actively, released numerous singles, two albums, produced a music theatre performance as well as a number of own art exhibitions. In Spring 2016 Mohlavyr was awarded the Millencolin Music Prize 2015 for her creativity and driving force as well as her success with the album "Krympta drömmar". Mohlavyr is currently busy with the release of her new single "Kära kropp" which is the main track on her third album.

When playing live Mohlavyr often varies her instrumentation and gladly performs together with different guest musicians. Last summer a new constellation was presented: "Skalvet" the band who backs up Mohlavyr live and who we will hear more from in connection with the new coming material. More info, music and concerts: [www.mohlavyr.se](http://www.mohlavyr.se)



Collage of photos taken by Bodil Wike, Ulrika Mohlin & Toby Gunn

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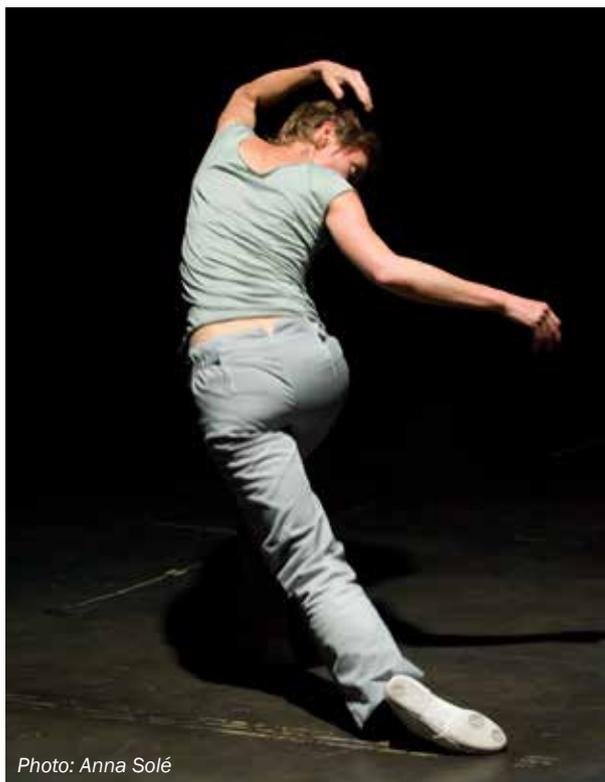


Photo: Anna Solé

## Unwrapping d a n s e

a danced lecture by Rosalind Crisp

*a partial lecture  
about a partial history  
an unfinished dance  
by a saturated body  
an ongoing practice  
exposed*

Australian dancer and choreographer Rosalind Crisp dances and talks about her practice and its evolution from the *d a n s e* project (Paris 2005) to the DIRT project (Dance In Regional dis-aster zones) (Australia 2017 - ...). She reveals the processes behind her original body of work and how her practice is sustained and transformed over time.

Rosalind Crisp is one of Australia's foremost dance artists. She founded the Omeo Dance studio - home to experimental dance in Sydney (1996-2004). Invited to Paris in 2003, she became the first choreographic associate of Atelier de Paris-Carolyn Carlson (2004-2012). The Atelier managed and toured her company work in Europe for ten years. In 2016 the French Ministry of Culture awarded her a Chevalier de l'Ordre des Arts et Lettres (Dame of the Arts).

For over thirty years Rosalind has been developing a radical physical critique of dance, through dancing. The foundation of her practice is her consistent solo studio research and her long-term collaborations with, amongst others: Celine Debyser, Max Fossati, Lizzie Thomson, Andrew Morrish, Bo Wiget, and dance scholars Isabelle Ginot and Susan Leigh Foster. In 2014, in acknowledgment of her influence on many generations of Australian dancers, the University of Melbourne - VCA made her an Honorary Fellow. Rosalind currently lives and works between Europe and Australia.

Beyond analogy, Crisp's movement is astonishing in its sheer otherness, ... the standard syntax of dance is erased. It's magical...

*Keith Gallasch, RealTime*

For more information: [www.omeodance.com](http://www.omeodance.com)

**INTERVAL (FIKA CAN BE PURCHASED IN THE FOYER)**

## Tillsammans / Together

Choreography & dance: Jessica Andrenacci

Recording: Tomas Elfstadius

Voice: Ida Gustafson

I was thinking about the title for the festival 'Going Solo Together' which gave me the inspiration to ask myself how we . . . I, you in the audience, we . . . together can 'Go Solo Together'. How can I together with you experience something that I have been wondering about during my own process up until today? How can I/you be part of my/your experience? How can we influence each other? How can we think about movement, space, time, sound? Together we can create something that is unique and that can happen here and now with me and you.



*Photo: Valentina Di Mauro*

Jessica Andrenacci is originally from Italy where she studied contemporary dance. She worked as a freelance dancer there for a couple of years with choreographers such as Susanna Beltrami, Alberta Palmisano, Sabrina Camera, Davide Manico. In 2007 Jessica moved to Örebro to work with Lena Josefsson, Kompani Raande-Vo. Thereafter she moved to Borås to work with Regionteater Väst where she is still employed and work with choreographers such as Camilla Ekelöf, Israel Aloni and Lee Brummer, Satoshi Kudo, Martin Forsberg, Max Stone, Nelson Rodriguez-Smith, Björn Säfsten, Örjan Andersson, Helena Franzén, Kasper Ravnhøj, Noora Hannula and Maria Ulriksson.

During 2014/2015 Jessica took a career break and freelanced in London where she worked with Alexander Whitley ('The Measures Taken' & 'The Grit In The Oyster').

# There Might Be A Cow On The Ice

Choreography & dance: Toby Gunn

Somewhat flummoxed, and ever so slightly understated. Quite possibly an indication, at any rate reasonably. Neither here nor there, in a manner of speaking, but awfully well meant. May contain traces of nuts, moderately.

Toby Gunn is a British dance artist who has been working since 1991 with a base in Sweden since 2001.

Apart from his own projects in England, Norway and Sweden where he has collaborated with punk-poets and jazz musicians, Toby has worked with a number of contemporary choreographers and toured around Europe, North and South America and Asia.

As a teacher he is one of the three founders of the Foundation Year at Kävesta Folkhögskola. He also works as a guest teacher at professional institutions and foundation courses. He is currently collaborating with mature dance artists in Sweden, Great Brittain and Latvia, as well as the Swedish artist Mohlavyr.



Photo: Isabel Baudish

# A Visit Inside the Reservoir (film)

Director: Ylva Henrikson

A few years ago an empty water reservoir was discovered in Gothenburg. A number of people are invited to visit the space alone. Carrying a lamp, they follow a long staircase into damp darkness underground. Inside the reservoir it is, as if the body is covered with contact microphones. Breathing and tiny sounds of your clothes is bouncing on invisible walls. Multiplied sounds reinforces the presence of each visitor. Seeing and listening is of equal importance, as time stops under the ground.



Ylva Henrikson worked as a dancer and choreographer for many years in countries such as Sweden, UK, Italy, Switzerland, Palestine and Japan. Creating performances, art platforms, workshops, and live productions involving multiple artforms such as film and dance.

As a filmmaker Ylva has created film documentation for various choreographers, theatre companies and established dance institutions, for example Dansens Hus, since 2006.

2012-2014 she studied documentary filmmaking at Biskops Arnö in Sweden. Since then Ylva has been creating short documentaries, music videos as well as a short about the creation of Mark Cousins film Stockholm My Love. The short doc - In 90 Degrees Heat - was shown at Swedish national television and at many filmfestivals, including Uppsala Short Film Festival, Tempo Documentary and Ivy Film Festival in New York. Receiving prizes for Best Directing in LA DOC and Best Film at Frame in Gothenburg. The film was also shown as part of Going Solo Together at Folkets Hus Örebro, 2015. After the film Ylva will be available to talk about her process.

## Friday & Saturday

### Liz Lerman's Critical Response (time dependent)

If time allows we will use Liz Lerman's Critical Response Process which combines the power of questions with the focus and challenge of informed dialogue. Interested artists and audience members will be invited to take part in the process.



TEATER MARTIN  
MUTTER



Going Solo Together arrangeras av Teater Martin Mutter, Dans i Örebro län, Örebro kommun och Rooted Being.